People I Can Call

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*N.A. is not affiliated with any of the facilities where our meetings are held.

New Beginnings Area of Narcotics Anonymous

Help Line
(800) 539-0457

P.O.Box 192
Effingham, IL 62401
www.centralillinoisna.org

Altamont, Brownstown, Charleston, Effingham, Mattoon, Pana, Shelbyville, St. Elmo & Vandalia

Updated: March, 2019

We Do Recover

When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends—jails, institutions or death –or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual –not religious—program, known as Narcotics Anonymous.
*Taken from the Narcotics Anonymous "Basic Text".

Miracles Happen

The real miracle happens when you realize that the need for drugs has in some way been lifted from you. You have stopped using and have started to live.
*Taken from the Narcotics Anonymous "Basic Text".

Sunday
THE MEETING
6:30pm Catholic Church Basement
320 N. 21st St.
Mattoon, IL **O**

Monday
MONDAY NIGHT MEETING
7:00pm First Presbyterian Church
600 W. Temple Street
Effingham, IL **O / W**

Tuesday
WHO IS AN ADDICT
6:00pm Centenary United Methodist Church
203 E. Grove Avenue
Effingham, IL **O / W**

NEWFOUND ACCEPTANCE
7:00pm St Charles Borromeo Catholic Church
921 Madison Avenue
Charleston, IL **O**

GRATEFUL HEARTS
7:00pm United Methodist Church
304 South 1st St.
Brownstown, IL **O**

Wednesday
LIVEN RECOVERY
7:00pm Public Library
154 N. Broadway Street
Shelbyville, IL **O / W**

THE MEETING
7:00pm Catholic Church Basement
320 N. 21st St.
Mattoon, IL **O**

ROOM TO GROW
7:00pm First Christian Church
411 Jackson Avenue
Charleston, IL **O / W**

MORE HUGS NO DRUGS
8:00pm St. Elmo Christian Church
112 W. 6th Street
St. Elmo, IL **O / W**

Thursday
WELCOME HOME
7:00pm United Methodist Church
308 N. 2nd Street
Altamont, IL **O / D / W**

NEW ATTITUDE
7:00pm St Charles Borromeo Catholic Church
921 Madison Avenue
Charleston, IL **O**

Legend:
O-open meetings are for anyone wishing to experience our fellowship
C-closed meetings are only for addicts or those who feel they may have a drug problem
D-day care available
W-wheel chair accessible
V-vaping/electronic cigarettes permitted

Friday
THE MEETING
7:00pm Catholic Church Basement
320 N. 21st St.
Mattoon, IL **O**

SHINING THROUGH RECOVERY
7:00pm First Church of Nazarene
701 W. North 3rd Street
Shelbyville, IL **O**

FRIDAY NIGHT LIVE
8:00pm United In Faith Church
609 Fairgrounds Road
Pana, IL **O / W**

F.N.A.
8:00pm Centenary United Methodist Church
203 E. Grove Avenue
Effingham, IL **O / W**

JUST A NEW WAY OF LIFE
8:00pm Northside Christian Church
1845 Jackson Street
Vandalia, IL **O/W**

Saturday
NEED ANOTHER MEETING
10:30am St Charles Borromeo Catholic Church
921 Madison Avenue
Charleston, IL **O**

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The most current meeting schedule can be found at:
www.centralillinoisna.org